



Gyan Buzz...

April, May & June; Vol. XXIV

DISCOVER THE joy OF LEARNING

From The Principal's Desk...

Dear Readers,

Our adaptability, which is a unique characteristic has stood us in good stead whenever we have felt the need to cope with a new situation. This has made going back to the old routine easy. Despite the snags and hindrance in the way of a smooth transition we have acclimatised ourselves. It is a blessing to have our Shreeyans back in school, doing all that they should do to grow into happy young and proud citizens.

Best Wishes,
Brinda Ghosh
Principal

Editorial...

Ease off...

The Christmas Truce of 1914 was a 2-day halt of the ongoing war between Germany and the United Kingdom to celebrate and share the joy of Christmas without any more bloodshed. It is considered an excellent example of taking a break.

Amidst the hectic schedules of the students with dealing the pressures of submitting assignments before deadlines, preparing for upcoming examinations, they often don't realize that their body and mind require a break. They omit 'me-time' from their timetables and focus on solely completing tasks. Even though this allows the students to build a sense of discipline, a void remains in their lifestyle. A void which requires peace, silence, relaxation.

As we approach our summer break, this massive amount of spare time can be liberating, relieving. It provides us with a lot of opportunities to reflect on our actions and analyse where we went wrong. It is when we plan for our future, set goals and build new habits.

It is time for us to start afresh, step back and think about how far we have come. While it is universal knowledge that it is important to constantly work to achieve our goals, we often forget that so is 'taking a pause'. It can be weary to work constantly without ever taking a breather. Stop what you are doing when you read this and give your body, mind and soul time to relax.

Rewarding yourself for working hard every day and continuing your journey with a well-deserved break is very important. Hence, take some time out for yourself this summer break and cherish whatever you have earned in this journey of yours and be proud of how far you have come.

A happy summer break to all readers!

AMAN SRIVASTAVA
XII



Pre – Primary Wing

EARTH DAY

Earth Day is celebrated worldwide on 22nd April every year. It is to make people aware of increasing environmental problems. Programmes and discussions are planned in order to find solutions to different issues which are harming the Earth's wellbeing.

At Gyanshree we did our bit, by telling our little Shreeyans about Earth Day, discussing the many ways in which we can help by keeping our Earth clean and green and also the ill effects of not taking care of the Earth. Shreeyans of KG participated in the discussion and came up with some suggestions. They also made a poster to share their message 'Save Earth'. They made a circle shaped cut-out of Earth, coloured it with blue and green oil pastels and pasted it on a black sheet. They made stars and Moon to show the Earth as a part of the universe. Shreeyans of Pre-Nursery and Nursery made Earth Day craft representing the Earth by tearing and pasting blue and green paper.



RED COLOUR DAY

In the Pre-Primary wing each month there is a 'Colour of the Month' and a special 'Colour Day' celebrated for the same. In April 'Red Colour Day' was celebrated. Shreeyans and Shreegurus came dressed in red. A special red colour 'corner' was created with different objects and pictures for children to observe and describe (Show & Tell). Children talked about few objects which are red e.g. apples, tomatoes, fire-trucks etc.

In addition to this, many interesting activities were conducted throughout the month. PN children painted a circle shaped cut-out, learning about the colour red and the shape circle. There was also a 'Colour Hunt' activity. Nursery children made a 'strawberry' with sponge dabbing. Nursery and KG children made Roohafza as part of the Little Chef activity. This was related to red colour and summer season.

All these activities were carefully selected and planned to enhance vocabulary, speaking skills, fine motor skills and eye-hand coordination while learning to identify and recognize the colour.





LEARNING ABOUT MY SENSES

Children of the Pre-Primary Wing learnt about some 'special parts of our body' that help us to see- eyes, hear- ears, smell- nose, taste- tongue and feel-skin. These five senses help us each day throughout our lives to observe, experience and understand the world around us.

For Nursery and Kindergarten children a 'Senses Booth' was set-up. Here they were able to taste sweet and sour things, touch hard and soft things, hear music, bells & instruments, smell coffee powder and flowers, see different objects, shapes and colours etc. The children had fun and enjoyed the 'Hands-on' activity. The children of Pre-Nursery learnt about the five senses integrated with the Theme 'Parts of the Body' through action rhymes, songs and games.

LITTLE CHEF ACTIVITY

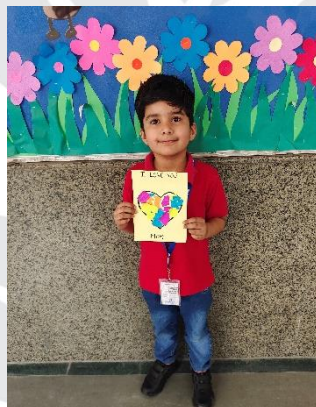
Little Chef Activity is an integral part of learning in the Pre-Primary Wing at Gyanshree. Is not only about ingredients, recipes and cooking but also about creative solutions and life skills. In tune with the theme and colour of the month, children of Pre-nursery, Nursery and Kindergarten performed various activities for Little Chef. Pre-Nursery children learnt to cut mangoes with plastic knives and ate the pieces with a fork. Nursery children made 'corn chaat' by mixing cucumber and tomatoes with boiled corn. Children of Kindergarten made a dessert with cream and cut mangoes. These activities not only enhanced the children's fine motor skills and eye-hand coordination but also helped to build their vocabulary and language skills.



MOTHER'S DAY

भगवान हर समय, हर जगह नहीं हो सकते, इसलिए उन्होंने माँ बनाई...

Mother's Day, a day that recognizes the special contribution of mothers was celebrated in high spirits. To express their love and gratitude to their mothers, children of the Pre-Primary Wing made beautiful cards with hearts and flowers, using 'tear & paste' and 'fingerprinting' techniques. The card making activity helped them to build their fine motor skills and eye-hand coordination. They also learnt special Mother's Day songs, to sing and dance for their mothers.



Lower Primary Wing

SELF PORTRAIT ACTIVITY

It was such a wonderful sight to get back our Shreeyans after two long years in the school. Grade II introduced themselves to their new Grade Mentors confidently and showcased their flair for art by making their self-portraits. The boards of the classrooms were filled with their beautiful and vibrant creations.



EARTH DAY

Our planet is an amazing place, but it needs our help to thrive! Earth Day is celebrated worldwide to support the protection of the environment. Gyanshree School has always taken pride in sensitizing the Shreeyans to be aware of their surroundings and scarcely use natural resources. Our grade I & II Shreeyans made posters, wrote slogans & promises they would make to mother earth. By taking part in such activities it helped them to realize the importance of recycling and reusing waste material available to them. Also picking up litter and planting trees, would help in making our world a happier, healthier place to live.



BAISHAKI

Baisakhi is a spring harvest festival. It marks the Sikh New Year and commemorates the formation of Khalsa panth warriors. The day started by seeking the blessings of the Almighty and to get a feel of the festival, our little shreeyans saw a PPT on Baisakhi and later drew a dholak and made patters inside it with different colours. This activity created the spirit for our culture and enthusiasm for the festival. It also helped them to explore their creativity.

LABOUR DAY

Shreegurus briefed the Shreeyans about Labour Day and its importance which comes on 1st of May. Shreeyans expressed their gratitude by giving self-made badges and cards to the school and household helpers. Shreeyans were overwhelmed by this act of thankfulness and enjoyed the day.



MOTHER'S DAY

Mother's day is a special day, for all children and mothers as, it celebrates the bond of love and affection that is everlasting. Mothers are the emotional backbone of the family, who have the magic touch to heal all wounds and make all things beautiful. Shreeyans of grades I & II made an exquisite handmade card with a heart-warming message and fairies to thank their mother to make their day special and express their love and respect.



Primary Wing

EARTH DAY @ GYANSHREE SCHOOL!

Shreeyans of the Upper Primary Wing took up slogan writing, collage making and poster designing activities to spread awareness about our planet, its plight and possible solutions to the problems on the occasion of Earth Day 2022. The impressionable and pure minds were sensitized to the need for conservation of natural resources and the powerful message that the solution to these global concerns lies in the small steps we take today.



MOTHER'S DAY @ GYANSHREE SCHOOL

A popular saying goes, 'Life doesn't come with a manual. It comes with a mother.' While the Shreeyans of Grade III made sweet notes for their mothers with which they planned to surprise their mothers throughout the day, Shreeyans of Grades IV and V created cards for their dearest parent figure.



THE LIGHT BEHIND THE EYES...

Our eyes are indeed the window through which we perceive the world and Shreeyans of Grade V were acquainted with the science behind this all-important organ, at school. In a creative lab activity they made models of the human eye with great precision and accuracy. They not only learnt about the parts and working of the eye but also about eye care and protection.





LABOUR DAY – A CELEBRATION OF THE POWER OF GRATITUDE

Labour Day was observed in school by the Shreeyans of Grades III, IV and V with a card making activity and lively class discussions. The inheritors of our planet's blessings and burdens learnt about the history of the day and presented their cards to the helping staff and teachers as a mark of their respect and appreciation.

UPHOLDING THE SPIRIT OF DEMOCRACY!

Shreeyans of Grade V participated in a mock-election to select their group leader. And the future voters of the nation went campaigning and voting eagerly in an activity that not only mimicked real elections, but also empowered them to make their own decisions and choices with responsibility!



THE MATH IN EVERYDAY ITEMS

Shreeyans of Grades IV and V took Mathematical concepts out of their classes and applied their learning to construct everyday objects. And they gained a clear understanding of the concepts while building wall clock faces using Roman Numerals and making paper bags out of newspapers without using glue and scissors. And the paper bags that were then used to store vegetables and carry stationery items further connected the learning to the value of saving our planet from waste.

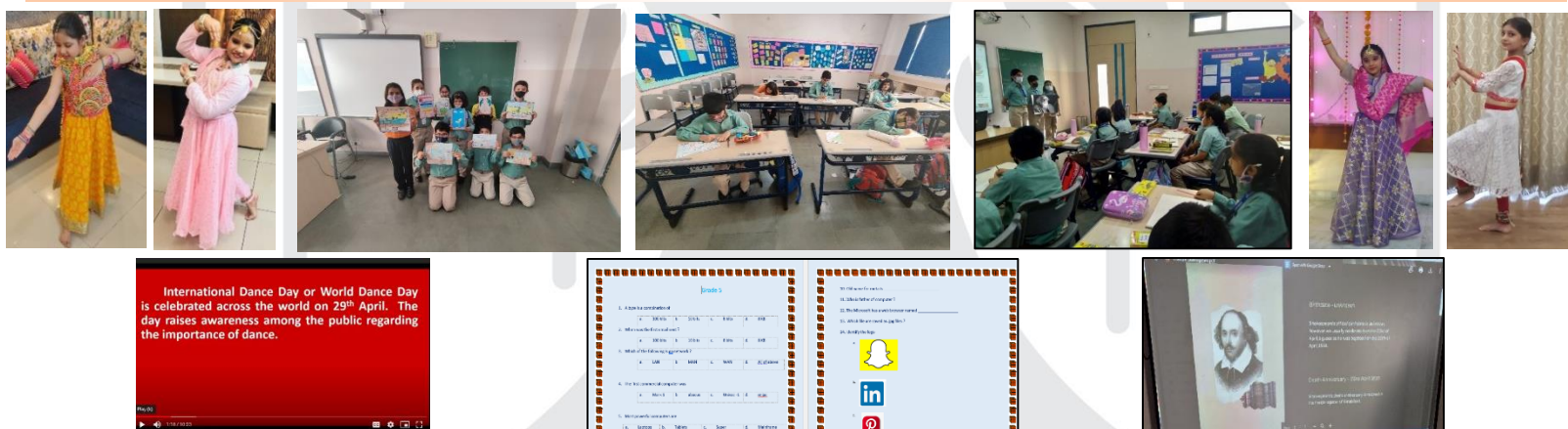
LITERARY WEEK FUN – THE JOY OF LEARNING @ SCHOOL

Developing a love for learning and learning to love the scholastic process is an ongoing endeavour and the Literary Week of the Upper Primary Wing encouraged just this with its varied group and individual activities. While Shreeyans of Grade III took part in 'Storytelling and Poetry Sessions' and built their own 'Grammar Trees', Shreeyans of Grade IV created a 'Wall of Quotes', interpreted classic poetry through a painting task aptly titled 'Strokes and Stanzas', articulated their emotions through 'Emoti-Verse', played 'Constantinople' and learnt the vintage song 'Summer Holiday'. Meanwhile the Shreeyans of Grade V led the initiative as they explored the classics like 'Peter Pan', sketched 'Mad Adds', created a 'Gallery of Poets and their Works' and showcased the force and potential of their thinking and oratory skills with a 'Turncoat Debate' making the Literary Week, a week of immeasurable joy and learning.



WHEN SPECIAL DAYS ARE MADE MORE SPECIAL

The Months of April and May were filled with momentous moments of edification and insight as Shreeyans of the Upper primary Wing got busy celebrating the various days that throng the summer months. On April 29 International Dance Day was observed with the showcasing of a video that paid tribute to the classical choreographers of Indian origin and Shreeyans demonstrated their favourite classical poses with grace and style. The young scholars then took part in an intra-class quiz on May 11 on the occasion of National Technology Day thus adding to their knowledge of the technical domain. Shreeyans also learnt about the legendary Bengali poet and polymath Kavi Guru Rabindranath Tagore and the playwright and poet William Shakespeare, both of whose works live on to this day, shaping and guiding the consciousness of readers of every genre and generation.



Secondary Wing

SUMMER CAMP

“Creativity is intelligence having fun” – Albert Einstein.

Gyanshree School organized a Summer Camp from 21st to 31st May, 2022 to provide Shreeyans with a variety of opportunities to keep them engaged and have a great time. The school had organized virtual Summer Camps during the last two years because of the pandemic, so Shreeyans were looking forward to this year's offline Summer Camp with great eagerness and excitement. There was a good response from Shreeyans with queries pouring in even after registrations had closed.

The Summer Camp provided Shreeyans with a plethora of interesting activities like Art, Cookery, Music, Dance and Theatre and ensured that they had plenty of fun in a joyful and safe environment. The Camp gave Shreeyans a platform to hone various skills, pick up a few new ones and showcase their talents. At the same time, it gave them a sense of purpose during the long summer break when children generally get bored with nothing constructive or interesting to do.

The Summer Camp provided Shreeyans with a much needed break from monotony and daily routine. It gave them some precious moments with friends – learning, creating and enjoying together.



THE CREATIVITY MARATHON 2022

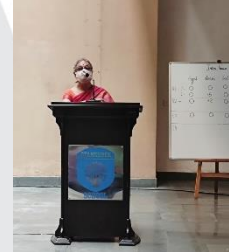
The creativity marathon is an initiative by the Full Sail University, which provides students, from all across the world, a common platform that enables them to think outside the box and provide much needed insight. The participants were expected to work in teams, brainstorm ideas and come up with befitting solutions for issues pertaining to UNESCO's 17 delineated Sustainable Development Goals and incorporate them into a three-minute video presentation. The younger generations are indeed the future of our planet and as the travailing task of ameliorating the beleaguered state of the world falls upon their shoulders, it is crucial to expose them to such opportunities to nourish their creative abilities and allow them to give valuable input. Moreover it ensues critical thinking and helps spread awareness amongst the youth.

ISHA SISODIA
XII



INTERHOUSE IT QUIZ

IT is about innovation. It influences almost everything we do in our day to day lives. After two long years of virtual school, an Inter-House IT Quiz was organised at Gyanshree School on the 10th of May, 2022. The idea was to emphasize on the importance of Information Technology and the need to keep ourselves updated about the latest IT trends. There were 6 participants from each house and they had to answer questions related to everything in the computing world, from 3D printers, Zip files, Graphics to famous personalities from the IT world. The event was attended by the students of grades VI to XII, who enthusiastically cheered for their houses. The results were announced by the Headmistress, Mrs. Sunita Mehta. Akash House won the quiz and Vayu came a close second. The Principal, Mrs. Brinda Ghosh congratulated the winners and encouraged the students to keep themselves informed about the latest happenings in IT.



CAREER COUNSELLING WORKSHOP BY MINDLER

A career Counselling workshop was organised by Mindler, the official career partner of Gyanshree school on Wednesday, 25 May 2022, for the passing out students of grade X. The spokesperson introduced the students to various career options in correlation with the different subject combinations offered to them in grade XI. The counsellor apprised the students of the sea of opportunities available post schooling and how their further education can contribute to honing their skills in the field of their choices. The students were encouraged to take subjects which suit their interest, instead of being influenced by peers or pressure. The Shreeyans were advised to take the aptitude test in order to understand their capabilities and to make the right career choices. They were explained at length, the importance of carefully attempting the aptitude tests. Doubts and misconceptions regarding subject and career options were removed by the counsellor.



Shreeyans' Corner



“JUSTICE DELAYED IS JUSTICE DENIED”

One of the most talked about issues in the Indian judicial system which, till date, is relevant, is the issue of the extremely long and difficult legal trials. Implementation of laws in the country are so long drawn and unorganized, the delivery of a judgment on even the most simplest of the cases takes years. This long drawn procedure discourages the poor and the middle class to come forth with the injustices done to them. This undermines the spirit of a true country itself. 75% of prisoners in India are still waiting for their court hearings and most of them have served more than their maximum sentence. Because of the inability of courts to give proper justice at the right time, even people who have committed minor crimes are forced to spend years in jail. This is injustice. This is the failure of the judicial system. This is disrespect to the constitution and our national leaders who believed that even if a hundred guilty go free, not even one innocent person should be wrongfully punished.

The infamous Nirbhaya case, which was so sensational and that gripped the entire nation, got justice after six years. If the Nirbhaya case got justice after six years, we can make a fair assumption about the amount of pain and struggle that other people with similar experiences have to go through, just to get basic humane conditions to live. This is truly a pathetic situation that our judicial system is facing where it is failing to provide people with the most basic right, the right to live a dignified life.

Such devastating realities of our world make us question how cruel the world really is.

But there is always hope. Several protests, petitions, and efforts by the society as a whole have introduced reforms such as the establishment of Lok Adalats which provide speedy judgements at the local level. But this is not enough. The judicial system is in serious need for reform and we, the people, have the power to bring change.



**NANDANA MENON
XII**

WAR- HATRED EXTREME

War is an evil, the greatest catastrophe that befalls humans. It brings death and destruction, disease and starvation, poverty, and what not!

Although Wars are necessary evils, they are not the only solution. They generate issues and result in vexation and hatred among nations. War can decide one issue, but gives birth to many. Whatever be the cause of war, it always results in destruction of life and property at large.

One has only to look back to the havoc that was moulded, to estimate the destruction it brings. An obnoxious side of modern wars is that they tend to become global engulfing the entire world.

We have had wars of all types, long and short. In view of this it seems futile to talk of undying and perennial peace. But there are people who consider war as a symbol of grand and heroic abilities and regard it as something that brings out the 'best' in men. 'Best' indeed. They highlight their point by placing Charles Darwin at their front. It was he who established the principle of 'survival of the fittest.' He said that there is a constant struggle for survival, both animate and inanimate. In this struggle only those will succeed who are the fittest. Thus, war is held necessary without which there will be any 'development' of humanity.

Well, I don't know much, but wars definitely do not do any good to society, economy, mental health, emotions etc. I can go on and on with the examples but I really want to ask this, is war really-truly necessary? And when it causes so much ruckus, why are we still debating about war being even an option? If war is Karmic- catastrophe, 'toh war chodh na bhai!'

**ANSHIKA BANSAL
XII**



Values of the Month



EMPATHY

Empathy is understanding others feelings and reacting accordingly. It is to feel what they are feeling, to be in their shoes.

We often misunderstand empathy and sympathy. Sympathy is when we feel pity for someone, while empathy is feeling what the other person thinks and helping them out. Empathy is also about sharing our joys. If your friend won a basketball match, you not only can applaud him but also celebrate in his happiness.

Here is a poem I wrote on empathy:

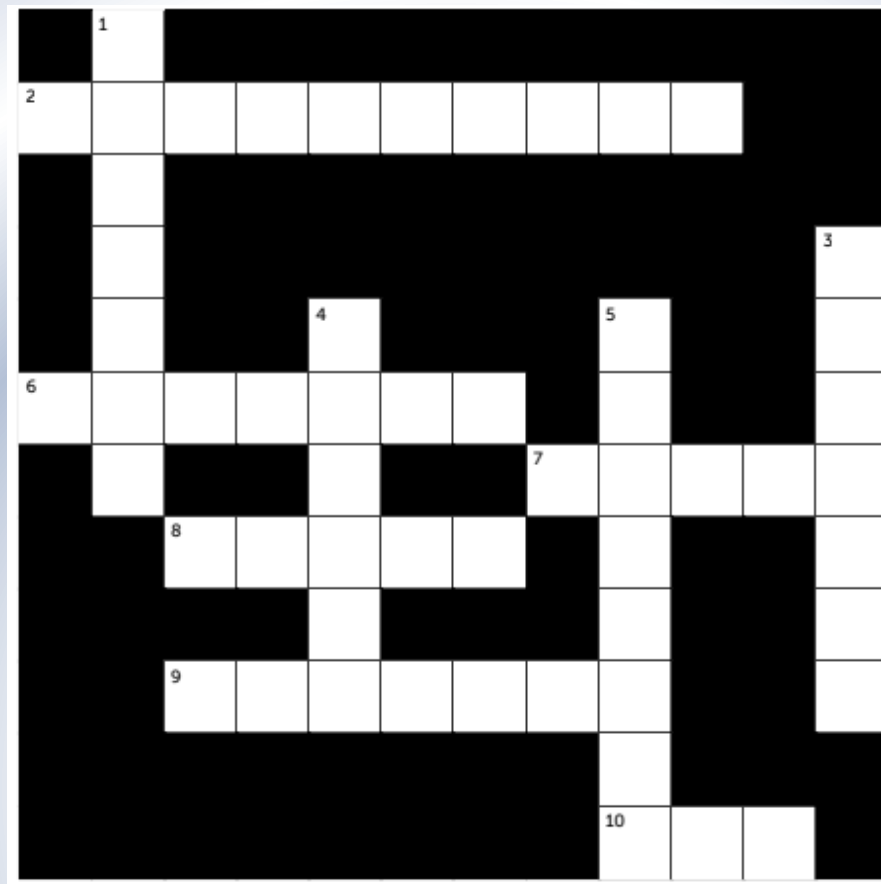
Empathy is something so strong,
It senses when something is wrong.
It connects us together,
And we become as calm as the weather!
I know how you feel,
And we can together heal.
I feel your pleasure and pain,
But empathy is a feeling, and it's hard to explain.
Understanding each other's feelings,
makes you look appealing,
It helps you make friends,
and makes fights end!!



RISHONA CHOPRA
VI



CROSSWORD 1



ACROSS

- 2 Large head and a long, sharp, dagger-like beak
- 6 Name of the male bird of peafowl family.
- 7 A majestic bird of prey with a large, hiked beak, powerful talons, and strong legs
- 8 A large-long tailed parrot with brightly coloured plumage, native to Central and South America
- 9 It is an aquatic, flightless bird and are situated exclusively in the Southern Hemisphere in the Antarctic region.
- 10 It has upright stance, a large, broad head, and a binocular vision.

DOWN

- 1 Small birds with forked or notched tails, moderately pointed wings, rounded or elongated bodies with round heads, with more or less triangular bills
- 3 It makes noisy 'jay jay' like calls and is famous for its intelligence
- 4 It has small body and a colourful beak
- 5 Large, pink wading birds with long legs



MEHUL RATHORE
X-C

THE SCIENCE OF SPIRITUALITY

We talk about science more often than we talk about spirituality. Do we know that there is science behind every aspect of spirituality? Nothing escapes the laws of nature in the physical world, which is driven purely by energies and their interaction with each other. In this article, I am sharing some evidences from life sciences, which will leave you with some food for thought and initiate the process of searching more such evidences from everyday life and ancient stories.

Darwin's common ancestor for all plants, animals, and humans is from Lord Vishnu. Lord Vishnu takes Dashavatar, 10 avatars, destroys evil people, and protects good people and preserves our earth and our environment. The primary producers, green plants trap solar energy to synthesize food and release oxygen in this process, on which animals depend on for their energy needs. Animals give out carbon dioxide on breaking down food they consume, which plants use to synthesize food. So in a way there is simultaneous synthesis and breakdown happening in nature and co dependence of different life forms is observed. None will be able to survive in isolation. Hence the concept of universal oneness.

Excess of everything is bad, we cannot even eat more than the capacity of our stomach. The food which the body needs is absorbed rest all has to be ejected out as undigested waste. What do we need more for? We are the most advanced species on the planet but a microorganism has the capacity to disease us, as we live and decompose us, when we leave our body. What do we take pride in?

Our DNA is continuously evolving by what we see, hear, say or feel. There are changes happening at DNA level, may be damage or healing. It is scientifically proven that love, positive thoughts, words and actions heal our DNA whereas negative thoughts, words, actions, hatred, violence and abuse, damage our DNA. It might take several life times to heal this damage. That's the reason why there is an emphasis on ignoring rather than reacting and distancing yourself from negative situations or people, in spirituality.

There are many such evidences we observe and find in our ancient scriptures like Vedas, Upanishads, Puranas and also through our own experiential learning called life.

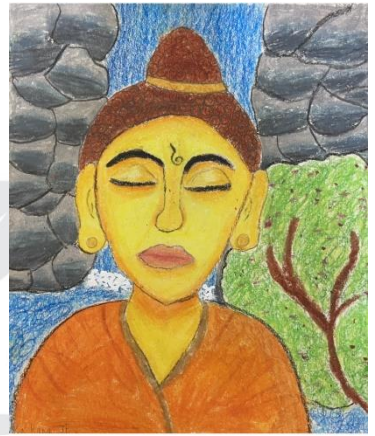
SHREEGURU DR. SONALI DIXIT



Raghav tonk 8D



Anoushka Singh 10A



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Ishaan Yadav 8C



ATHARVA ARYA 8A



Aryan Gupta 7F



MISHTI SRIVASTAVA 8A



YATHARTH BISHT 8A

School News

STAFF DEVELOPMENT PROGRAMMES

Staff Development Programmes were conducted for staff members across all the wings in months' of May and June where they learnt and revisited varied teaching-learning skills and planned for the days ahead. Adobe, the popular software company conducted a workshop to introduce their new product, Adobe Creative Cloud Express.

Workshops were conducted by Principal, Mrs. Brinda Ghosh on topics - Reading and Teaching Strategies, skills of 'Communication and Collaboration at School' and the importance of being mindful, observant, honest and kind. She also conducted a workshop for all staff members on Gratitude and Expressing Emotions.

The Science Department attended a session on Scientific Approach and Methodologies by the Vice Principal, Mrs. Amita Bajpai. A two day session was taken by Mr. Subhashish Ghosh on Promoting creativity among children.

A session was conducted by HM Pre Primary, Ms. Gita Malik, which was a comprehensive look at teaching strategies, communication techniques, evaluation and remediation systems that can be implemented in the classrooms. Ms. Sharika Sharma, HM of Primary Wing with innumerable team building exercises and discussions about the route map for the academic term ahead. She also introduced many practises like starting the 'Genius Hour'. Workshop on Creativity in Classroom Management was conducted by Mrs. Sunita Mehta, HM Senior Wing and Ms. Akansha Mishra for the Social Studies Department.

Mr. Vikram conducted a workshop on Innovative Teaching for teachers of the Maths Department. Mrs. Mithu Banerjee Paul took a workshop on the SDG (Sustainable Development Goals) or the 17 interlinked Global Goals designed to be a "blueprint to achieve a better and more sustainable future for all".





Laurels



- ✚ Parleen Kaur of XII D, a budding athlete made us proud by securing the Third Position in the three kilometres marathon in the Under 29 category organized by HDOR-Hundred Days of Running.
- ✚ Anshika Bansal of XII D participated in Under 16 tennis tournament and secured Second Position. She also made us proud when her work was published in the book 'The Importance of Mental Health' which is a collection of short poems published by 'The Write Order', who provide a creative space to upcoming writers for liberating their thoughts and feelings.
- ✚ Gyanashree is proud of Ayush Goswami of VIII - B for his wonderful performance in the IFOMG National Finals. He qualified for the International Finals of the 36th Championship of Mathematical and Logical Games. The International Finals will be held in person at École polytechnique fédérale de Lausanne (EPFL) in Lausanne, Switzerland on 26th and 27th August 2022. Ayush has been invited to be a member of the Indian delegation to the International Finals.



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