



# Gyan Buzz...

January; Vol. XXX

## DISCOVER THE joy OF LEARNING

### *From The Principal's Desk...*

Dear Readers,

January brought with it extremely cold days and wonderful festivities too! The weather did not deter the Shreeyans or Shreegurus from celebrating the festivals or hosting the CBSE Zonal Swimming Meet! This series of events led to a lot of learning – lessons in organising and coordinating and most importantly coping with pressures of all kinds. What better experiences can we ask for than those that are real and demand 'hands on' applications! Read all about it in this issue of Gyanbuzz!

Best Wishes,  
Brinda Ghosh  
Principal

### *Editorial...*

#### **Back to the future**

“Back in the day...”, a common phrase used by many adults as they vividly describe how people, situations and things used to be different during their time as young adults. In contrast, first world problems of today's generations are easily outweighed by the harsh conditions endured by people in the past and the genius ways adopted by them to overcome them.

Some with orthodox and conservative opinions also tend to believe that the ways of the past should continue and that modernization is obliterating society. In this sense, whenever my grandma sits down with me to describe what she went through as a child, I can barely relate to her problems. Whenever we tend to speak up about issues we face, the first resort that many adults choose to make us feel better about them is by comparing our problems to those of others, in order to foster some sense of gratitude that entails how “things could have been worse.”

As much as it is valid to agree that we as students of a prestigious school and of good familial backgrounds are much more privileged, before using this narrative to invalidate problems of today compared to those of “olden times” it is extremely important to understand how the society and environment have completely changed. The problems that we face today have been a product of a multitude of changes that have taken place around us. Society as it was, without the presence of internet, social media, influencers, massive capitalism, widespread consumerism etc., was different from the one we live in today.

It is likely that a few decades later, problems of today will simply not be congruent to that of the youth of the future. The consequences that we must deal with are a by-product of the world we live in, and it is important for all of us to accept that, invalidating the issues of today by comparing it to the utopian environment of the past is as good as dismissing it simply because it does not align with one's values.

ASHREYA SINGH  
XII

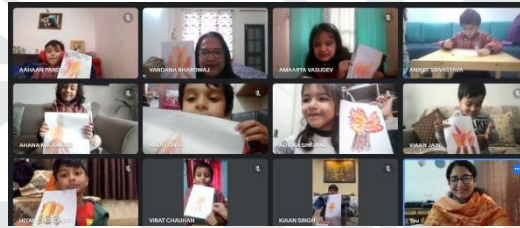




# Pre – Primary Wing

## LOHRI AND MAKAR SANKRANTI CELEBRATION

This year with classes going online for a week due to the excessive cold right after the Winter Break, the celebration of Lohri and Makar Sankranti was also online, with the Shreeyans showing equal enthusiasm and joy. The significance of these festivals was explained via a PPT - to be thankful for a good harvest and mark the end of winter. Pre-Nursery and KG Shreeyans enjoyed making colourful kites by pasting triangles, finger printing and using oil pastels; Shreeyans of Nursery made a bonfire using oil-pastels. It was a fun-filled learning experience that helped them to explore their creative and aesthetic sense. The Shreeyans finished the day by eating peanuts, popcorn, chikki etc. and dancing to some Bhangra beats.



## MY COUNTRY INDIA

India, our country, our pride. It is a land of people with different languages, rituals and beliefs, which makes our country more colourful and beautiful. A country where each state and religion is respected without any bias. To give our Shreeyans some glimpses of few states of India, tableaus were created and displayed using different elements of different states. Each tableau displayed, was colourful and represented the food, clothes, handicrafts, different specialities of each state and some famous places, monuments etc. To make the day more special, Shreeyans came dressed in Indian traditional attire from different states. The Shreeyans of all classes of the Pre-Primary Wing visited each tableau with their teachers and learned a little about the states which were displayed. The activity was very informative and enjoyable for the little Shreeyans.





## REPUBLIC DAY CELEBRATIONS

India is a country with a rich, social and cultural heritage with its varied languages, religions and dresses etc. As part of the Republic Day celebration, Shreeyans of Pre-Primary created different craft work representing the colours of our national Flag- saffron, green and white, by using different techniques. The Shreeyans of Pre-Nursery made a tri-colour badge (tear and paste). The Shreeyans of Nursery made the flag (sponge dabbing). The Shreeyans of Kindergarten made fighter jets by pasting different shapes and used the tri-colours to paint the jet streams. A Special Assembly on Republic Day was conducted by Shreeyans of NUR E and KG E. As part of the Little-Chef Activity of the month, Shreeyans made 'Tri-colour Pasta' and 'Tri-colour Sandwich'.





# Lower Primary Wing

## PUBLIC SPEAKING ACTIVITIES- ENGLISH

In order to hone their speaking skills, **Grade II** conducted English speaking activity wherein the Shreeyans were required to speak about any of the following topics for 2-3 minutes. They accentuated their speech using props and participated with great vigour. The topics given were-

- When I grow up, I want to be....
- India is the best country because...
- My favourite memory of Grade II



## सार्वजनिक बोल गतिविधियों – हिंदी

कक्षा I और II के छात्रों द्वारा ग्रहों की कविता का सस्वर एवं लय द्वारा कविता का वाचन किया गया। विद्यार्थियों ने कविता के माध्यम से अपने भावों और विचारों को अभिव्यक्त किया। वाचन कौशल के माध्यम से छात्रों में स्वाध्याय की रुचि को जागृत किया गया। छात्रों ने कविता वाचन लय, गायन और रुचि के साथ प्रस्तुत की, जो की सराहनीय है।

## HANDS-ON LEARNING – LET'S SHARE EQUALLY (DIVISION)

The Shreeyans of Grade II enthusiastically participated in math lab activities wherein they learned about the concept of equal sharing, 'Division' to be precise. They brought kidney beans and containers from home and solved various division sums using the apparatus.



## PROJECT-BASED LEARNING (PBL) - OUR SOLAR SYSTEM

Presentation helps to improve communication and expressions. It also makes us responsible and increases the levels of self-awareness and self-esteem.

**Grade II** conducted PBL on **Our Solar System** on **23rd and 24th January**, wherein the Shreeyans prepared some of the most amazing models related to the topic and delivered their presentations with great confidence. This activity not only enhanced their streak of craft, but also made them aware of some amazing facts about our solar system, which they enjoyed sharing with their friends. The PBL was integrated with the theme of the month - The Earth and the Sky - and hence widened their scope of learning for the same.





### **REPUBLIC DAY CELEBRATIONS**

The Shreeyans of Lower Primary Wing showcased their patriotic streak on the occasion of the 74th Republic Day of our country. They came prepared with a small act, dance and song and presented it in the class on 25.01.2023. They came dressed according to their performances.



### **BASANT PANCHAMI**

Basant Panchami marks the beginning of spring season. It is also known as Saraswati Puja. Saraswati, the goddess of knowledge and wisdom is worshiped on this day. People celebrate the day by wearing yellow, worshipping goddess Saraswati, eating sweets and decorating yellow flowers at home.

Indian-ness is one of the core values that we endeavour to instil in Shreeyans. Basant Panchami celebration was one such step in that direction. They started the day by offering prayers to Goddess Saraswati. Shreeyans were also shown a short presentation on Basant Panchami which informed them about the importance of the day and the manner in which it is celebrated.



### **BUDDING SCIENTISTS**

For children, the benefits of scientific discoveries are endless. Science education early in life provides a range of meaningful skills for children as they grow, such as curiosity, problem solving, researching and leadership. Shreeyans of grade I were encouraged to do a science experiment in class and explain to their peers how it worked. Shreeyans found science in their daily activities and came up with simple, yet interesting experiments.





# Upper Primary Wing

## POETIC HUB!

"Genuine poetry can communicate before it is understood." —T.S. Eliot. Armed with this thought the Shreeyans of Grade III selected and recited poems of their choice in groups and individually. It was most rewarding to see their zealous efforts and the progress that they have made.



## MAKING A RAINBOW OF ADJECTIVES!

Shreeyans ruminated about the colours of the rainbow and assigned an adjective to each colour, as they perceived it. They let loose their imagination and explored the power of words as well. Their enthusiasm proved that while a picture is worth a thousand words but some words are picture perfect too!



## TIME AND TIDE...

Shreeyans of Grade III crafted their perfect models of the wall clock and explained the concepts of time, a.m., and p.m. They were familiarised with the linear model of time, not only learning to count the seconds, minutes, and hours but also learning the value of time and that is what counts!



## THE SCIENCE OF MOONSHINE...

Shreeyans got creative with a packet of Oreo biscuits and created the eight phases of the moon from the new moon phase to the waxing crescent and to the waning crescent. They not only got an in-depth clarity of concept but also displayed their innovative approach and thinking powers.



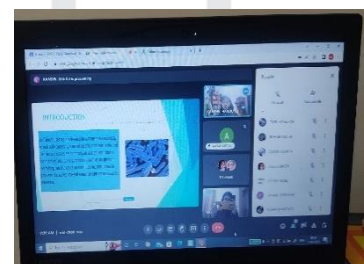
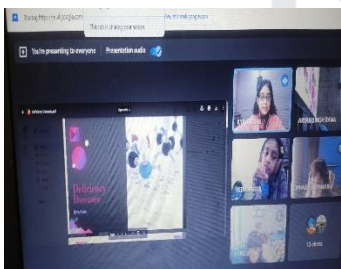
## STARLIT WONDERS!

Shreeyans of Grade III got busy with a paper cut-outs, pencils, and torches as they created various constellations to adorn their classroom walls. They were able to create accurate patterns and brought the sky right into the classroom.



## FIGHTING DISEASES WITH KNOWLEDGE!

Shreeyans of Grade V joined the online medium to speak about various diseases like Communicable diseases, deficiency diseases, the common cold, obesity and several types of allergies for being aware can often prevent a lot of pain and suffering. They created and presented their PPTs and amazed one and all with their knowledge and understanding!





# School News

## **CBSE ZONAL (NORTH ZONE – I) SWIMMING CHAMPIONSHIP – 2023**

**5th – 7th JANUARY 2023**

***“Competition is a good thing; it forces us to do our best.” – Nancy Pearcey***

Gyanshree School hosted the CBSE ZONAL (North Zone – I) Swimming Championship – 2023 in its Half-Olympic size all-weather pool. The 3-day event commenced with the lamp-lighting. The Chief Guest for the occasion, Shri Dharamveer Singh, District Inspector of Schools, Gautam Buddha Nagar and the Guest of Honour, Shri Nitin Kumar, a hockey player of international repute, were welcomed and felicitated by the Principal, Ms. Brinda Ghosh. The Chief Guest declared the meet open and the oath was administered by the Guest of Honour, where the students solemnly pledged to uphold the spirit of true sportsmanship. The campus came alive with contestants from 41 Schools from different States of the Northern Zone. A total number of 110 events were conducted, for both boys and girls, in categories as per their ages - Under 11, Under 14, Under 17 and Under 19. The atmosphere was charged with zeal and fervour as the 265 participating contestants competed and gave their best.



## **MATH WORKSHOP FOR SHREEGURUS**

***“Wisdom... comes not from age, but from education and learning.” – Anton Chekov***

A two-day Workshop was conducted for Shreegurus of the Math Department on the 12th and 13th of January 2023. The resource person was Mr Chandan Singh from the Doon School, who conducted the interesting sessions on the importance and aims of Project-based Learning in Maths. He also discussed at length about how students can make better projects using new apps like Kahoot and Desmos. The workshop was informative and interactive and gave Shreegurus several insights on how to use Project-based learning in the classroom to engage students.







## **BASANT PANCHAMI PUJA AT GYANSHREE SCHOOL**

Basant Panchami puja was conducted at Gyanshree School on the 25th of January 2023. The significance of the day lies in the worship of Goddess Saraswati, who is considered to be the embodiment of different facets of learning like sciences, art, music and dance. The puja and 'havan' took place at the school Amphitheatre in the morning. It was attended by Shreeyans and Shreegurus and blessings of Goddess Saraswati, the Goddess of Knowledge, were invoked. The dress code was yellow/saffron as these colours are considered auspicious on this day.

## **FAREWELL FOR BATCH OF 2023**

***“Don't be dismayed by good byes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetimes, is certain for those who are friends.” – Richard Bach.***

The Farewell for the outgoing batch of 2023 was held on 27th January, 2023. Shreeyans of Grade XII were given a heart-warming goodbye from the school. It was a day with exciting and fun filled activities and performances presented by the Shreeyans of Grade XI.

The mimicry of the seniors invoked lots of laughter and emotion amongst the audience. The musical performances were heart touching to say the least. After countless practice sessions, the Shreeyans of Grade XI presented a passionate and energetic dance performance. The boys and girls danced with great enthusiasm which made the audience cheer for them. Titles and mementos were presented to make our hardworking seniors feel special on their day. Students of the outgoing batch shared special memories of their school days and expressed their gratitude towards the Shreegurus. The Principal, Mrs. Brinda Ghosh shared valuable life lessons and wished the students luck in all their future endeavours.



## **STAFF PICNIC AT DRIZZLING LAND WATER AND AMUSEMENT PARK**

***“Enjoy the little things in life, for one day you may look back and realize they were the big things.” – Robert Brault.***

Gyanshree School arranged a Picnic for all the staff members on Saturday, the 28<sup>th</sup> of January 2023. The venue for the picnic was Drizzling Land Water and Amusement Park, Ghaziabad. It was a fun-filled day for the Shreegurus and admin staff who had a wonderful time together.

The amusement park had a plethora of interesting activities like zip lining, wall climbing and rappelling for the adventure lovers. There were also a number of thrilling rides like Pendulum, Dragon ride, Revolving tower, Disc coaster etc. Breakfast and lunch were provided at the venue. It was an enjoyable outing and everyone had a good time.





# Shreeyans' Corner



## NO DISCOVERY LIKE SELF DISCOVERY

We all wanted superpowers as children!

We want to be like Iron Man and Spiderman. Accept it or not but we all tried the levitating spell like Hermione taught us, "Wingardium Leviosa". We have all used household items like props. The spatula used to be our weapon, our bath towel our cape and our most important mission was saving the world! It sure seems like a lot of fun having a superpower, like if you could read minds you could be the best person around for everyone, or time travel would enable you to have a perfect life because you could just go back and undo your mistakes. This sure seems perfect and it might be, if someday we could experience it, right? But the show must go on, not because this doesn't seem tempting enough but because we all already have superpowers. I am not talking about a power to stop time or something like that but the one inside us, like MS Dhoni has for cricket, Da Vinci had for Painting and Robert Downey Jr. has for acting. If you think you have to be famous to find your superpower you're wrong. It can simply be anything - beat boxing for one and modelling for someone else. Now some of you might be under the impression that I am just repeating clichés but I beg to differ.

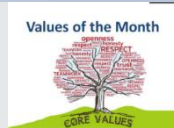
Hypothetically let me ask you a question. Would you rather have a superpower or push a mysterious button and wait for the mystery to unravel? You would probably go with superpower, right? Many of us would, and with this ladies and gentlemen, I prove my point. When we have something that others don't, we start feeling special and unique. In time we let that thing define ourselves. Instead of taking risks and finding our personality, we play safe and stick to that thing. It doesn't matter if you are a great athlete or a musician what YOU will see of yourself would be just one thing that is the superpower.

If you were born and brought up in a family of dancers when you grow up, you would feel that your interest is dance, but the inner truth is that it's not. Take some time alone and analyse what is it that fascinates you - that is YOUR interest. It is about finding your self-worth and it is a journey of self-discovery. So do you really know yourself? Knowing yourself is what will make you unique. It will help you find your true potential and if you don't know yourself, how can you expect people to know you and respect you?

Knowing yourself is nothing less than a superpower.

Find your values, your interests, your temperament. Focus on yourself, and your strengths. If you don't know where to start, spend some time with yourself and you shall get all the answers. After all, there's no discovery like self-discovery!

**OSHI SINGH**  
**VIII**



## VALUE OF THE MONTH PATIENCE

"Patience is the calm acceptance that things can happen in a different order than the one you have in your mind." – David G. Allen.

Let's be honest. Ever since we were children we've heard that we have to be patient and that patience is a virtue. Did we bother to ask why? Patience is defined as "the capacity to accept or tolerate delay, trouble or suffering without getting angry or upset." It is considered a vital part of anyone's life and like Mahatma Gandhi rightly said "to lose patience is to lose the battle."

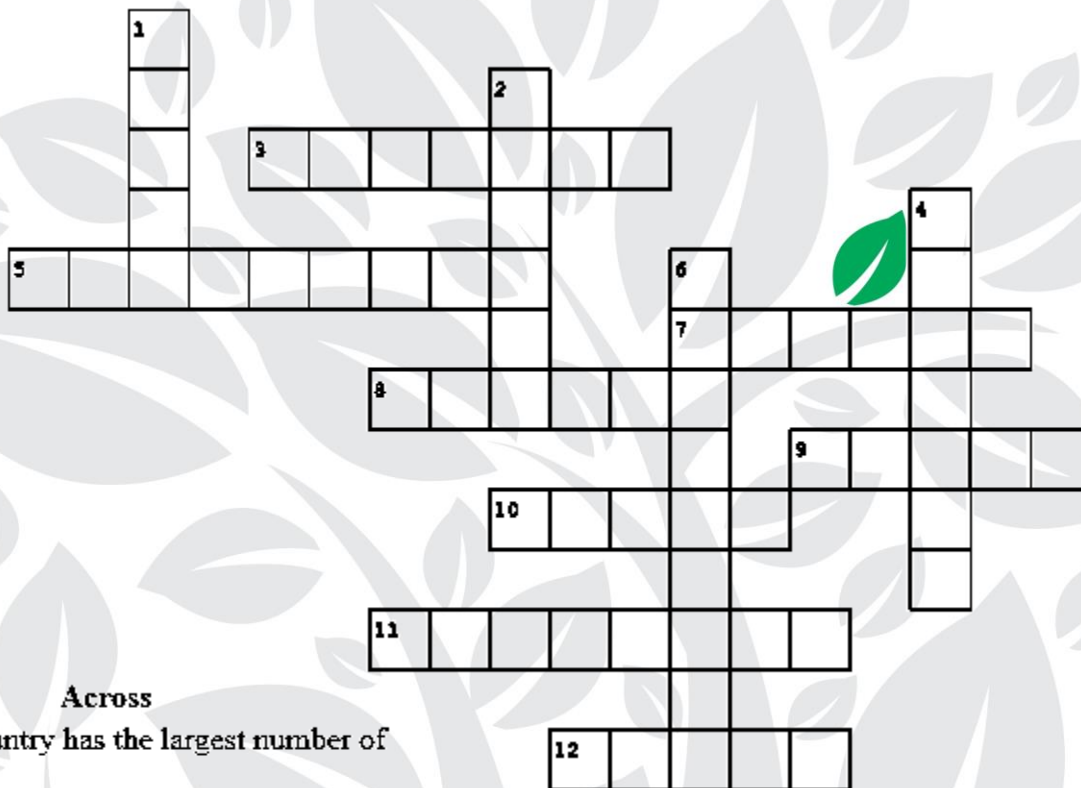
Good things take time and you have to learn to trust and wait. Irrespective of what we may think, there are more things in life that we cannot control than we can actually control, but what we can control are ourselves, our thoughts, and our actions. Those who understand the importance of being patient try to stay calm and focused even in situations where waiting is not easy. It ultimately helps them to achieve their aims without getting frustrated and bitter. It cannot be denied that the best things in life can only be achieved with patience and that is perhaps what makes the wait worthwhile. As Rousseau said, "Patience is bitter but its fruit is sweet."



**CAVYA KUMAR**  
**IX**



LET'S  
GET  
CRACKING!



#### Across

3. which country has the largest number of islands
5. country with most oil reserves
7. World's largest country
8. which country covers the most time zones
9. the leaning tower of Pisa is in which country
10. world's most populous country
11. country who's national animal is a unicorn
12. the country with highest number of cricket stadium

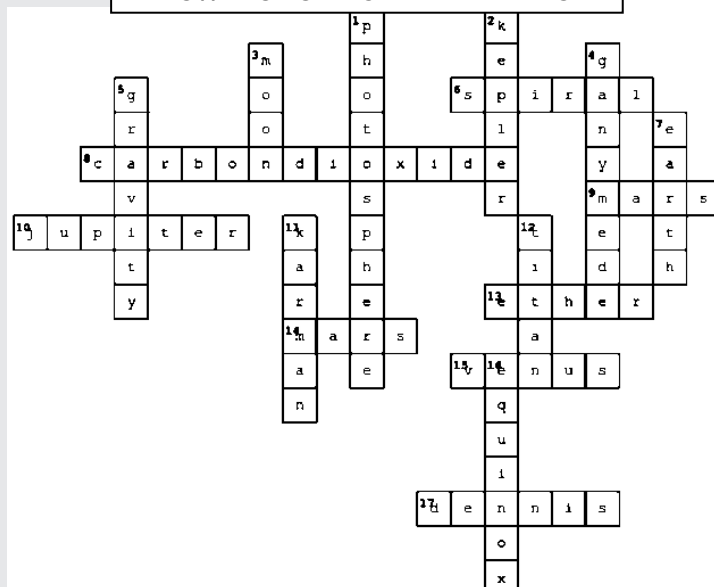
#### Down

1. yen is the currency of which country
2. Which Country has the highest number of lakes
4. the only country without a written constitution
6. the least densely populated country



ISHA SISODIA  
XII

#### ANSWERS TO DECEMBER EDITION







# SLEEPING PROBLEMS

ME IN CLASS:



ME WATCHING A MOVIE:



ME TRYING TO SLEEP IN MY BED AT NIGHT:



DIVIJA CHAUHAN  
IX



### **BOOK RECOMMENDATION**

**“The world belongs to those who read” – Rick Holland**

#### **PRIDE AND PREJUDICE BY JANE AUSTEN**

For an avid bookworm looking for a witty yet heart-warming story this month, I recommend *Pride and Prejudice* by Jane Austen. It is a classic and beloved work of fiction that has also been adapted into a movie.

The novel is set in the late 18th century, in which Austen depicted a character-driven story focused on the novel's protagonist, and her family. The book revolves around the biased female protagonist, Elizabeth Bennet, and the male protagonist Mr. Darcy. Elizabeth believes that Mr. Darcy is a proud, vain and arrogant man the second they meet. That is how we get our title, *Pride* of Mr. Darcy and *Prejudice* of Elizabeth.

The novel explores how Elizabeth overcomes her prejudices while navigating surprising events that come her and her family's way. Jane Austen's way of integrating the tiniest details and quirks into her characters makes them come to life, makes the story easy to follow and helps us empathize with the characters. *Pride and Prejudice* is the book for you if you enjoy family drama and/or comedies. If you want an easy introduction to the world of great classic novels, then Jane Austen is the perfect choice for you.



**MANVI CHATURVEDI  
XI**



### **ACTING FINDS ITS ROOTS IN CHILDHOOD**

Acting is a strange phenomenon, but one that we take for granted: actors pretend to be others, for the audience's enjoyment, without the intent to deceive. Acting is a universal human activity, and one that is uniquely human—no other animals create dramas. We are all actors to some extent, trying out different roles as we interact with others. In Shakespeare's words, “One man in his time plays many parts”. However, the roles people enact in their personal lives are typically fairly interrelated, and most are based on people's own personalities, desires, and emotional ranges. Actors, however, must play many unrelated kinds of roles. In the last few years, Charlize Theron has played a serial killer (*Monster*, 2003), the first woman to be sued successfully over harassment (*North Country*, 2005), an immortal superhero (*Hancock*, 2008), and herself, as an Oscar winner (for *Monster*, in 2003). How does she manage to portray these roles in such a realistic fashion? Does she possess unusual cognitive and emotional skills that make this possible? In this article, I explore the psychological skills I believe to be necessary to act and that are therefore likely to be fostered by acting training—theory of mind, empathy, and emotion regulation and how these must be inculcated in students at a young age.

Researchers have demonstrated that when young children act out stories in the classroom, their oral comprehension of the stories and their language and reading skills are strengthened when compared with those of children who simply read the same stories.

I read in an article that actors daydream more as children than children who end up picking other professions. Such children have higher levels of engagement in the fictional worlds of books and movies. Actors began to engage playfully in the profession they would later join as early as the age of four. They would dress up in costumes and create plays as well as engage in a great deal of pretense and role play even without costume. They would create performances for audiences of family members and friends at every opportunity. Therefore I emphasize that children must be proactively involved in theatre at individual, class and school level to eventually find if that's their calling and then create their own fictional worlds and albeit a new one each time they perform and then enter into fictional worlds created by others.

**SHREEGURU KARTIKAY KRISHAN**



# Laurels

✦ **Aashi Gupta (Grade IX C)** won two gold medals in 1st NCR Open Karate Tournament which was held on 15th January 2023. This tournament was held by Shito-ryu Karate Do Association.



✦ **Varnika Dixit's (Grade VIII C)** annual Rank was released. She is UP number 5, and India number 68 in Under 14 Category in Tennis. This is the year-start rank of 2023.

**TOP 5 U.P. PLAYERS IN INDIA IN GIRLS UNDER-14 SINGLES ON THE BASIS OF AITA RANKING (16/01/2023)**

STATE RANKING	NAME OF PLAYER	AITA NO.	RANK IN AITA
1	AGRIMA JAISWAL	437229	24
2	ANANYA JAIN	435561	40
3	KANSAL NANDINI	434274	56
4	ARUNDHATI SINGH	433260	58
5	VARNIKAA DIXIT	436562	68

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